



Visit us at **LYNCHBURG GROWS**  
**FIRST SATURDAY'S AT THE FARM!**

**October 3, 2009**  
**OPEN HOUSE (8 am - 2 pm)**

*AND*

**FREE YOGA AT THE FARM!**

WITH LAURA ROGERS ~ **8:45AM**

**10AM - Family Workshop**  
**Build A Bathouse**



Join us for this Family-friendly workshop and learn about our nocturnal neighbors and build a bathouse for your own backyard.

Register for the 10am program with Lynchburg Parks and Recreation.

*Selling produce at LG on First Saturday's, not at the Community Market*

*Office:* 1339 Englewood St., Lynchburg, VA 24501

*Directions:* Englewood is off Fort Ave., one street south of Lynchburg City Stadium. Drive to the end of the road; the office is located in the concrete building to the right.

*Phone:* (434) 846-5665 *Website:* [www.LynchburgGrows.org](http://www.LynchburgGrows.org)

*"Changing lives one garden at a time..."*

