

## **CSA and LG Farm Market**

Summer 2009 Produce

Available through Lynchburg Grows, Lynchburg, VA and Appalachian Harvest, Abingdon, VA

- Sugar Snap Peas
- Green Cabbage
- Red Cabbage
- Green Leaf Lettuce
- Red Leaf Lettuce
- Romaine Lettuce
- Cantaloupe
- Eggplant
- Peppers (Green Bell, Red Italian Sweet, Jalapeno)
- Slicing Cucumbers
- Squash, (Green Zucchini, Golden Zucchini, Yellow Straight Neck)
- Squash, (Spaghetti, Butternut, Delicata, Green Kabocha, Red Kabocha, Acorn)
- Tomatoes, Red Cherry
- Tomatoes, Red Grape
- Tomatoes, Red Slicers
- Tomatoes, Yellow Slicers
- Tomatoes, Heirloom varieties
  
- Local Peaches
- Local Apples
  
- Arugula
- Herbs
- Spinach
- Pok Choy
- Swiss Chard
- Spring Onions
- Hot Peppers
  
- Cut flowers
  
- Artichokes (limited quantities)
- Strawberries (limited quantities)
- Red Yard Long Beans (limited quantities)
  
- Herb pots (basil, chives, parsley, arugula, rosemary)
- Flower pots

List compiled 6/3/09